

COVID-19 Regional Update – May 27, 2021

Vaccine Registration Open to anyone 12 years of age and over. Vaccine registration is now open to anyone 12 years old and up (full news release [here](#)). If you have not registered yet, now is the time to do it. You can register yourself or someone else, like a parent or grandparent.

Register by Phone: 1-833-838-2323 or Register Online [Here](#)

For the most up-to-date information on the Vaccine roll-out please regularly visit the [Province's COVID-19 Vaccination and Immunization page](#) as the information is constantly evolving.

Second Doses: Due to an increase in vaccine supply, BC is accelerating second dose appointments for all eligible people because of increased vaccine supply.

To make sure you get notified when it's your turn to book your second dose appointment, register with the *Get Vaccinated* provincial registration system [here](#). Even if you got your first dose at a pharmacy.

BC's Restart Plan: BC's Restart is a careful, four-step plan to bring B.C. back together. Starting May 25, we can gradually begin to restart our important social connections, businesses, and activities. ***Getting vaccinated*** is the most important tool supporting our restart. Everything you need to know about the next steps and details of the plan can be found [here](#).

BC'S RESTART: A PLAN TO BRING US BACK TOGETHER								7
STEP	Criteria	PHO Guidance	Personal Gatherings	Organized Gatherings	Travel	Sports & Activities	Businesses	Offices & Workplaces
1 MAY 25	C: stable H: stable D1: 60%	Masks mandatory, indoor public spaces Physical distancing If sick, stay home and get tested	Outdoor personal gatherings – up to 10 people Indoor visitors – up to 5 people or 1 household	Indoor seated organized gatherings – up to 10 people Outdoor seated organized gatherings – up to 50 people	Recreational travel within your zone Non-essential travel between zones restricted	Low-intensity indoor fitness classes Outdoor local team games and practices for all ages – no spectators	Indoor & outdoor dining – up to 6 people Liquor service - 10PM Existing WorkSafeBC Safety Plans remain in place	Start gradual return to workplaces and offices Existing Safety Plans remain in place
2 JUNE 15 (earliest date)	C: declining H: declining D1: 65%	Masks mandatory, indoor public spaces Physical distancing If sick, stay home and get tested	Outdoor personal gatherings – up to 50 people Indoor visitors – up to 5 people or 1 household Playdates	Indoor seated organized gatherings – up to 50 people Sector consultations on next steps on indoor and outdoor gatherings	BC recreational travel BC Transit and BC Ferries – increased services as needed	High-intensity indoor fitness classes - reduced capacity Indoor team games for all ages – no spectators Spectators for outdoor sports – up to 50 people	Liquor service – midnight Banquet halls reopen – limited capacity, Safety Plans Sector consultations on next steps on easing of restrictions	Continue return to work Small in-person meetings
3 JULY 1 (earliest date)	C: low H: declining D1: 70%	Masks – recommended Careful social contact If sick, stay home and get tested	Return to usual on indoor and outdoor personal gatherings Sleepovers	Increased capacity, indoor and outdoor gatherings – Safety Plan Fairs & festivals with Safety Plan	Canada recreational travel	All indoor fitness classes – increased capacity Limited spectators for indoor sports	Dining – no group limit Bingo halls, casinos and nightclubs – limited capacity Operate based on new Safety Plans	Seminars and bigger meetings Operate based on new Safety Plans
4 SEPT 7 (earliest date)	C: low H: low D1: 70%+	Masks – personal choice Normal social contact If sick, stay home and get tested	Normal social contact	Increased capacity on large organized gatherings (i.e. concerts)	Canada recreational travel	Increased indoor and outdoor spectators Return of normal sport competitions – Safety Plans	Continue to operate based on new Safety Plans	Fully re-opened offices and workplaces

C: C-19 case counts H: C-19 hospitalizations D1: minimum % of people 18+ with dose 1

COVID-19 Regional Update – May 27, 2021

Here are some notes from the Thursday May 27, 2021 Provincial COVID-19 update:

- 378 new cases of COVID-19 in BC (68 in Interior Health) in the past 24 hours.
- Cases by Local Health Area. COVID-19 cases for the most recent 7-day period (May 16 to May 22). [The map](#) is updated weekly, on Wednesdays. **Fernie Health Delivery Area = 6, Cranbrook Health Delivery Area = 2, Kimberley Health Delivery Area = 0 and Windermere (Columbia Valley) Health Delivery Area = 1.**
- There have been 7 new COVID-19 deaths in the province with a total of 1,690 COVID-19 deaths in the province since the beginning of the pandemic.
- A total of 143,264 cases since the beginning of the pandemic.
- 3,543 active cases of COVID-19 in BC.
- 286 individuals currently hospitalized in BC with COVID-19 with 88 of those in intensive care. For Health Authority specific stats visit the [BCCDC COVID dashboard](#).
- 137,929 people who tested positive have recovered.
- 3,032,811 doses of COVID-19 vaccines have been administered in BC.
- More than 62% of eligible British Columbians (12 years old and over) have received at least one dose.
- The Province has released a careful, four-step Restart Plan focused on protecting people and safely getting life back to normal. Learn all about it [here](#).
- Watch the provincial update [here](#).

Pregnant people in B.C. can safely get COVID-19 vaccine.

All pregnant people who are age 16+ are now eligible to receive the COVID-19 vaccines as a priority population through B.C.'s Immunization Plan. Read the full statement [here](#).

Mental health resources for sectors hit hard by pandemic.

Employers and employees throughout B.C. who work in the tourism, hospitality and community social services sectors now have access to vital mental health resources with the creation of a digital resource hub. The online hub offers a range of tools to help address common workplace concerns, such as bullying, harassment, COVID-19 exposure, coping with stress and more. Learn more [here](#).

BC COVID-19 Support App

If you have not already checked out the BC COVID-19 Support App (available for iOS and Android phones), it really is worth a look. It has all the provincial COVID-19 info in one spot, including the daily updates, vaccination info, self-assessment tool, business, and community resources and so much more.

COVID-19 Regional Update – May 27, 2021

For the most accurate and up to date info on the COVID-19 pandemic please visit:

- [BC Centre for Disease Control's COVID-19 Data](#)
- [COVID-19 Vaccine Information](#)
- [BCCDC COVID-19 Dashboard](#)
- [Interior Health School Exposures](#)
- [Provincial Health Officer's orders, notices, and guidance](#)
- [Provincial response to the COVID-19 pandemic](#)

Booking a COVID-19 test:

Online: You can book an appointment online through the COVID-19 Test Booking Form:

<https://interiorhealthcovid.secureform.ca/index.php>

*By phone: Call the COVID-19 Test Booking Line at **1-877-740-7747** for assistance with booking your test.*

Seek a test if you have two or more of the following symptoms for more than 24 hours, and they are not related to any other pre-existing conditions:

- *Sore throat*
- *Loss of appetite*
- *Extreme fatigue or tiredness*
- *Headache*
- *Body aches (muscles and joints aching)*
- *Nausea or vomiting*
- *Diarrhea*

If you suspect that you or a loved one may have symptoms of COVID-19, please visit:

- [COVID-19 Self-assessment tool](#)
- [BCCDC testing information](#)

Thanks for your time.

Stay safe and play smart.

Nathan Siemens
Communications Coordinator
Regional District of East Kootenay
250-489-2791